



## FASTING TEA

The ideal tea for your fasting cure. The herbs help your body to adjust to this valuable time. Treat yourself to one litre of Herbaria Fasting Tea a day during the cure. Also suitable for in between.

---

## Produkt Kurzbeschreibung

The ideal tea for your fasting cure. The herbs help your body to adjust to this valuable time. Treat yourself to one litre of Herbaria Fasting Tea a day during the cure. Also suitable for in between.

## Produkt lange Beschreibung

Herbaria herbal tea blend loose

### Description

The ideal tea for your fasting cure. The herbs help your body to adjust to this valuable time. Treat yourself to one litre of Herbaria Fasting Tea a day during the cure. Also suitable for in between.

### Available as

05000820 Package à 75g

### Ingredients

Green oats, apple fruit, elderflower, fennel, birch leaves, mate leaves, juniper berries, quendel herb, mallow blossoms. From controlled organic cultivation.

**Recommended preparation**

Filter bag with 1 cup of bubbling boiling water pouring over and covered 5-10 minutes allow to draw.

**Ecological control point**

DE-ÖKO-003